

Raising Emotional Intelligence (EI)

Program Summary

The Raising Emotional Intelligence program helps managers gain E.I. skills ; resolve conflicts, drive engagement, be courageous yet empathetic, and sponsor peak performance. Your leaders will have the ability to practice adaptable leadership, in an emotionally smart way.



PRE-WORK

1. Read the program overview
2. Watch a 20 min video on Emotional Intelligence
3. Complete three assignments to fully prepare for the workshop



2-DAY WORKSHOP & PARTICIPANT WORKBOOK

A step-by-step guidance, packed with tools, to help participants get the most out of training.



TOOLS & TEMPLATES

Customizable worksheets, checklists, sample scripts, and templates your managers can start using immediately, post training: A sample of the resources are indicated, below:

- Manager's Motivating Actions (Self-assessment)
- Reflection Topic Questions
- My Story (5 Drivers)
- My Network Map



POST-WORK

- Use the Learning Tool provided to debrief with their manager and team
- Commitment Challenge Template
- 30-Day Virtual Check-in
- Three articles that dive deeper into best practices



OPTIONAL DELIVERY

- One-to-two Day Instructor Lead Training (consecutive days or spaced)
- Face-to-face or Virtual Delivery (Network of 20+ Trainers Globally)
- Highly Customized or Off-the-shelf
- Train-the-Trainer Process Available